

2006年4月22日(星期六) - 南部高原香素美食一日遊

[「美食入厨樂」節目・香港理工大學澳洲員生會合辦：
中達食品、李錦記醬料、楊協成飲料及德信旅遊贊助]

本團特色 -

- 舒適旅程，全程乘坐德信旅遊豪華旅遊巴士。
- 遊覽南部高原歷史小鎮 Mittagong，Bowral，Berrima 及 Robertson，並參觀 Farmgate 薰衣草花園。
- 獨特自助任食豐富素食午餐於台灣移民經營的高級素菜餐館，品嘗 30 多種各式點心、壽司、主菜、甜品及飲品。午餐期間更有素菜烹調示範、有獎遊戲及幸運抽獎。
- 團友有精美紀念品。
- 「美食入厨樂」節目主持隨團，尚有特別嘉賓。

行程介紹 -

- 1) 早上集合出發(請於出發前 15 分鐘帶同團券到集合地點報到)
 - 7:15am 雪梨娛樂中心麥當勞餐廳外面 (Sydney Entertainment Centre, Haymarket)
 - 7:45am 卓士菲市火車站北 (Everton Road, near Strathfield Train Station/Bus Terminal)
- 2) 豪華旅遊巴士啓程，沿 South Western Freeway 前往南部高原，首先經 Old Hume Highway 到達 Mittagong 鎮作稍停留。
- 3) 沿 Old Hume Highway 經過 Bowral 鎮到達已有 170 多年歷史的古鎮 Berrima，團友可隨意參觀古老教堂、古董店及博物館 (博物館入場費\$3 需自付)。
- 4) 午餐於 Berrima 鎮著名高級素菜餐館，欣賞本團獨有李錦記醬料贊助的素菜烹調示範 (由劉太主持)，另有壽司製作示範，有獎遊戲及幸運抽獎。
- 5) 餐後經風光明媚的 Illawarra Highway 前往 Robertson 鎮，團友可隨意參觀「大薯仔」(The Big Potato), Old Cheese Factory 及羊毛製品。
- 6) 參觀 Robertson 附近 Farmgate 薰衣草花園，付入場費後有園內專人介紹薰衣草種植、做香薰油等產品及其用途、又可以品嘗薰衣草茶及試飲美酒。花園外亦設有精品店，團友可選購各式精品及試嘗待製果醬和蜜糖。
- 7) 乘坐巴士回程返雪梨，預計到步如下：
 - 6:30pm 卓士菲市火車站北 (Everton Road, near Strathfield Train Station/Bus Terminal)
 - 7:00pm 雪梨娛樂中心 (Sydney Entertainment Centre, Haymarket)

團費 - 成人及 12 歲以上兒童 - 每位\$68

12 歲或以下兒童 - 每位\$58

[團費已包括旅遊巴士服務、自助素食午餐，但不包括：

薰衣草花園入場費 - 成人及 10 歲以上兒童每位\$6，10 歲及以下兒童免費入場

導遊及司機小費 - 每人\$5

個人旅遊保險。]

查詢或購票 -

劉若山 0416 148 322 boscolau@optushome.com.au

劉太 0413 088 329

行程最新資訊：www.hkpolyuaa.org.au

註：上列行程可能會因當時實際情況作合理修改。

Southern Highlands One Day Tour

南部高原香素美食一日遊

22/04/2006



高級素菜餐館內精美素菜、小點及甜品任食



素菜餐館內設有表演台；劉太在薰衣草花園精品店內試食各種特製的果醬和蜜糖

座位有限，報名從速，以免向隅！

English Version **April 22, 2006 (Saturday) – One Day Southern Highlands Deluxe Coach Tour**

Tour Highlights –

- One day visit to the scenic Southern Highlands with comfortable transportation on a luxury air-conditioned coach.
- Relaxed touring of historic towns of Mittagong, Bowral, Berrima and Robertson, plus visit to the beautiful Farmgate Lavender Gardens.
- Unique all-you-can-eat buffet vegetarian lunch at an eloquent country-style Vegetarian Garden Restaurant with Lee Kum Kee's sponsored cooking demonstration and lucky draw.
- Souvenir gifts for participants.
- Tour led by host of the popular "Gourmet Kitchen Talk" Radio Programme.

Tour Itinerary (Participants should bring their tickets and report to the pickup point at least 15 minutes prior to pickup time) –

- 1) There are two tour pickup points -
Tour pickup at McDonald, Sydney Entertainment Centre, Haymarket at 7:15am; then at Everton Road, Strathfield (near Bus Terminal, north of Strathfield CityRail Station) at 7:45am.
- 2) Coach heads for the Southern Highlands through the South Western Freeway, turns to the Old Hume Highway when approaching the old town Mittagong. Take a short break at Mittagong.
- 3) Coach continues on the Old Hume Highway again, passes through Bowral until it reaches the historic town of Berrima. Stop and visit Berrima, see the historic church, antique shops and may even visit the Historic Society Museum (\$3 entry fee payable for visit to the Museum).
- 4) Lunch is at the Zen Oasis Vegetarian Garden Restaurant. This will be an all-you-can-see buffet vegetarian lunch featuring over 30 varieties of dim sum, sushi, oriental main dishes, desserts and drinks. During lunch, Mrs. Cecilia Lau will perform cooking demonstration of Chinese vegetarian dishes and there will also be games and a lucky draw with prizes offered by Lee Yum Kee, Yeo's Drinks, Oriental Merchant, Dixon Travel & Tours and other sponsors.
- 5) After lunch, coach will head for Robertson via the scenic Illawarra Highway, at Robertson visit the Big Potato, the Old Cheese Factory and wool crafts.
- 6) Visit the nearby Farmgate Lavender Gardens. Enjoy the guided garden tour including aromatherapy demonstration, explanation about Lavender and its uses, afternoon tea and wine tasting (wine tasting for adults only).
- 7) Tour departs the Farmgate Lavender Gardens at about 4:30pm for return to Sydney. Coach will arrive Strathfield Train Station at about 6:30pm and at the Sydney Entertainment Centre, Haymarket at about 7:00pm.

Tour Fee –

- For adults and children aged 13 or above - \$68 per head (including coach tour and buffet vegetarian lunch)
- For children under 13 - \$58 per head (including coach tour and buffet vegetarian lunch)

Exclusions –

- Lavender Gardens Tour - \$6 per head for adults and children aged 10 or above (this is a group price including guided tour, afternoon tea and wine tasting); children under 10 can go on the guided tour free with accompanying adults (but no afternoon tea).
- Tips for tour guide and driver - \$5 per head recommended
- Personal travel insurance.

Enquiries and Bookings –

Bosco Lau (Mobile - 0416 148322; e-mail – boscolau@optushome.com.au)

Mrs. Cecilia Lau (Mobile – 0413 088329)

Up-to-date tour information can be viewed on www.hkpolyuaa.org.au.

Note: Tour itinerary may be subject to change at short notice.